

Smile Smarts!

Oral Health Curriculum

The entire Smile Smarts! curriculum or individual components of it, as well as teaching plans and other resources, can be downloaded from the American Dental Association website at: <http://www.ada.org/390.aspx> for free.



Smile Smarts! is an oral health curriculum for preschool through grade eight students offering flexible, modular lesson plans, support materials, hands-on classroom demonstrations, student activity sheets, and suggestions for further oral health activities.

- Shining Smiles! Grades Preschool–1 (Ages 4–7)
- A Lifetime of Healthy Smiles! Grades 2 & 3 (Ages 7–9)
- Teeth to Treasure! Grades 4–6 (Ages 9–12)
- Watch Your Mouth! Grades 7 & 8 (Ages 12–14)

Shining Smiles!

Shining Smiles! helps children ages 4 through 7 develop good oral health habits that can last a lifetime! This program from the American Dental Association (ADA):

- Helps children ages 4 through 7 understand the importance of their teeth.
- Provides basic information, appropriate to their age and experience, about keeping teeth clean and healthy.
- Introduces the dentist as a friendly doctor who helps them take care of their teeth.

Shining Smiles! gives you tools that can help you teach students the fundamentals of good oral health care:

- A flexible, modular lesson plan
- Support materials
- Hands-on classroom demonstrations
- Student activity sheets
- Suggestions for further dental health activities

Shining Smiles! is also a valuable teaching tool for teachers, dentists, hygienists, school nurses, physicians and other health care professionals.

A Lifetime of Healthy Smiles!

An engaging classroom lesson in good oral health habits for 2nd and 3rd grade students. A Lifetime of Healthy Smiles! will help your students develop good oral hygiene habits that can last a lifetime! This program from the American Dental Association (ADA):

- Encourages students to think about and discuss the importance of their teeth.
- Provides information on good oral health appropriate to their age and experience.
- Reinforces dentists' instructions on properly caring for teeth.

A Lifetime of Healthy Smiles! gives you tools that can help you teach students the fundamentals of good oral health care:

- A flexible, modular lesson plan
- Support materials
- Hands-on classroom demonstrations

- Student activity sheets
- Suggestions for further dental health activities

A Lifetime of Healthy Smiles! is also a valuable teaching tool for teachers, dentists, hygienists, school nurses, physicians and other health care professionals.

Teeth to Treasure!

A lively classroom lesson for 4th through 6th grade students showing how taking good care of our teeth is something each of us can do.

Teeth to Treasure! reinforces good oral hygiene habits and focuses on special activities and conditions that require extra "tooth attention." This program from the American Dental Association (ADA):

- Helps instill in students a sense of competence and responsibility for keeping their teeth clean and healthy.
- Provides information on good oral health and tooth protection appropriate to their age and lifestyle.
- Reinforces dentists' instructions on properly caring for teeth.

Teeth to Treasure! gives you tools that can help you teach students the fundamentals of good oral health care:

- A flexible, modular lesson plan
- Support materials
- Hands-on classroom demonstrations
- Student activity sheets
- Suggestions for further dental health activities

Teeth to Treasure! is a valuable teaching tool for teachers, dentists, hygienists, school nurses, physicians and other health care professionals.

Watch Your Mouth!

A dynamic and thought-provoking classroom lesson for 7th and 8th grade students. Watch Your Mouth! shows how informed teens can make smart choices to protect their teeth and health.

Watch Your Mouth! reinforces good oral hygiene habits and focuses on special activities and conditions that require extra "tooth attention." This program from the American Dental Association (ADA):

- Helps instill in students a sense of competence and responsibility for caring for their teeth and mouth.
- Provides accurate and timely information on behaviors that can cause dental health problems, such as mouth piercing and tobacco use.
- Reinforces dentists' instructions on properly caring for teeth.

Watch Your Mouth! provides tools that can help you teach students essential dental health care practices:

- A flexible, modular lesson plan
- Support materials
- Hands-on classroom demonstrations
- Student activity sheets
- Suggestions for further dental health activities

Watch Your Mouth! is a valuable teaching tool for teachers, dentists, hygienists, school nurses, physicians and other health care professionals.