

Ohio Kids on the Move

Physical Activity Guidelines for AfterSchool Programs Training

Please see below for training dates and statewide locations.

All trainings are scheduled from
10:00a—12:30p
2.5 hours of SUTQ credit available

We shouldn't have to choose between the physical well being or the academic success of our children when programming for them afterschool. **Ohio Kids on the Move: Physical Activity Guidelines for AfterSchool Programs** is a collaboration between the **Ohio AfterSchool Network** (OAN) and the **Ohio Department of Health** (ODH). These guidelines are not requirements, but rather recommendations to support afterschool programs with activities and resources to increase the physical activity of their children and youth afterschool. Join us to hear more about the Physical Activity Guidelines and how you can incorporate them into your AfterSchool program.

Training Dates and Statewide Locations—Choose One

Monday, November 28th - OCCRRA
6660 Doubletree Ave., Suite 20, Columbus

Tuesday, November 29th - Springfield Area
TBD—call for location

Friday, December 2nd - Starting Point
4600 Euclid Ave. Suite 500, Cleveland

Monday, December 5th - YW Child Care
616 S Collett St. Lima

Thursday, December 15th - Crossroads Library,
63500 Byesville Rd., Cambridge

Tuesday, December 20th - Child Care Choices,
120 Harding Way East, Suite 107,
Galion

For more information and to register, please contact Alycia Orcena
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